## Virtual Study Group 8/15/2018

Submitted questions

- Any comment on essential tremors?
- From mayoclinic.org:
- Essential tremor is a nervous system (neurological) disorder that causes involuntary and rhythmic shaking. It can affect almost any part of your body, but the trembling occurs most often in your hands especially when you do simple tasks, such as drinking from a glass or tying shoelaces.
- It's usually not a dangerous condition, but essential tremor typically worsens over time and can be severe in some people. Other conditions don't cause essential tremor, although it's sometimes confused with Parkinson's disease.
- Essential tremor can occur at any age but is most common in people age 40 and older.

- Any comment on working with retained reflexes?
- "Retained primitive reflexes can disturb natural development and involve difficulties in social and educational children's life. They can also impact on psychomotor development. Mature responses in a child's psychomotor progress can only occur if the central nervous system itself has reached maturity. The process consist the transition made from brain stem reflex response to cortically controlled response."
  - Gieysztor, E. Z., Choińska, A. M., & Paprocka-Borowicz, M. (2018). Persistence of primitive reflexes and associated motor problems in healthy preschool children. Archives of Medical Science: AMS, 14(1), 167–173. http://doi.org/10.5114/aoms.2016.60503

Discussion and feedback on a CST website