



# VSG

Submitted questions  
March 15, 2018

I'm confused about when you do the dural tube evaluation. Don't you need to do the diaphragm releases first?



Is the evaluation phase all done at the beginning, or is it something you're doing throughout the treatment?

And how long do you spend doing the evaluation?

You don't talk about a reevaluation at the end, but I guess that's understood that we are doing some retesting?



I also want to know what to expect on the practical exam. Will I be doing a regular treatment on someone - or will I be asked to do certain techniques? It would be good to know in advance what format to expect?

I'm flying into Mexico City today and thought I could still make the study group but the flight is delayed. I did have a couple questions if possible. I'm teaching my first sharecare class in April and wondered if you could point me in the direction of some good images for the presentation and also wondering if you have any words of advice about the demos....what if the person feels nothing! 😊



I have a client that I've been treating every couple months for at least a year. He's a friend of mine and has been very supportive of my efforts to become a craniosacral therapist, and has allowed me to work on him. However, he's been a difficult person to learn on. He has Asperger's syndrome, and in the last few months he's been taking a medication for anxiety (he has a lot of social anxiety). He's 86 and in fairly good health, although he has quite a bit of stiffness and pain from arthritis. I've always found that his body is very unresponsive to my efforts – diaphragm releases and tissue movement in general. He came again last week, and it was the same, although I did feel like his shoulders responded and gave some releases. His CSR is very subdued – low energy/vitality. I learnt at another study group (with Ramona Ng) that what I'm finding with this client is common with people who are on anti-anxiety medication. He was this way even before the medication, and now even more so. My question for you is: how should I work with him? Any tips that you can share in advance of your course? Or maybe this doesn't fall into the realm of chronic depletion....